

Do not ever let others opinion restrain you.

It's the moment. A rare perform opportunity is right in front of you. It's just the decision you'll have to make. You've dreamed about this opportunity and it's probably the hardest decision you've ever made. Now, you are starting to think about a lot of things: 'What will my friends think if I go to the audition?' 'There's not a lot of people going for it... Am I going to get judged if I go for it?' 'Oh it is not important for me, I can join in next time but... can I join in next time?'



Stop thinking this much. Just follow your heart and do the things you believe in. It's important to you and makes you happy. (Under the legal circumstances though...)

Every girl can find a way to overcome this nasty feeling.

I used to be easily swayed by others. If you are not born with confidence, you can develop it.

It can be a movie you saw and really loved that motivates you to do things you've never tried before. Or maybe it's a quote from your favorite scientist, it can also a famous person's childhood. This method worked for the majority of people on this planet.

Having trouble finding a story that motivates you? I'll share mine with you.

As an international student in Australia, I do not consider myself as an international student. I am not shy. I am confident and love to express myself. I was considered as a "very outlandish and different person" when I was in my hometown and didn't get along very well with the girls. So, here I am, trying to be friends with the really cool drama girls who have known each other probably since they were three.

Performing in another language is a challenge for most people, but when it comes to the language you like and want to learn well, it's suddenly seems not that hard anymore.

Every song, every dance I have learnt in drama is a pleasure for me; because I am doing the things I love to do. The first time I actually stood on stage and performing, I was really surprised that I've gone this far – performing in another language and coping well.

Wondering how I gain this confidence?

I have my own tricks. Whenever I feel nervous, I think of the universe. The thoughts of uncountable amount of stars in the universe always make me feel how vulnerable and insignificant humans can be, then, all of my troubles seem to fade way from me. Time flies. And we can only live once, what's the point of waiting for chances to come to you and worrying about things that you shouldn't be worried about. With this thought, I do things I wouldn't dare to do, to challenge myself.

Be your own super hero you've always dreamt you would be.